

Daily 5 point self-checks

Once approved by your Head/Manager to return to work on campus, you should ask yourself the following questions each day prior to travelling to work.

1. Do you have a recent cough?
2. Do you have shortness of breath?
3. Do you have a new respiratory illness?
4. Do you have a fever (of 38°C and over)?
5. Have you been advised to self-isolate in the past 14 days?

If you answer yes to any of the above questions, please

- contact your GP or TCD Health Centre and follow their advice
- inform the School Safety Officer (Ms. Emma Clancy, clancyem@maths.tcd.ie).

Staff will also be required to acknowledge that they have read the procedure for reporting any COVID-19 symptoms (summarised above).